

Abhasa



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[Abhasa](#) offers a bio-psycho-social approach to treat people with addiction and mental health conditions. We address the underlying causes of the issue, offer lifestyle adjustments, individualised counselling, and neurofeedback to assist the brain adjust to the changes required for the person to lead a healthy life and acquire coping mechanisms.

Family therapy are conducted when necessary to identify the social component of the issue, ensure that the illness' causes and effects are well addressed, and teach caregivers how to manage their ward back home. Through our years of experience, we have developed a special healing environment that fosters healing as well as improved living.

For more details, please visit <https://indiafinder.in/detail/abhasa-18293>