

IC Fitness Club Education Pvt Ltd



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The IC Fitness Club Personal Trainer Course is a comprehensive program designed to turn fitness enthusiasts into certified professionals. This 6-month course combines in-depth theory with hands-on practical training, covering exercise science, anatomy, nutrition, client assessment, and program design. Students also gain knowledge in injury prevention, coaching techniques, and fitness business strategies. With 45+ theory sessions and practical gym experience, the course ensures real-world readiness. It offers flexible learning modes, lifetime-valid certifications, and 100% placement support, helping learners build successful careers in gyms, online coaching, or personal fitness businesses.

For more details, please visit <https://indiafinder.in/detail/ic-fitness-club-education-pvt-ltd-23014>