

## Nishtha Dalwani- Consulting Psychiatrist



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Dr. Nishtha Dalwani is a Senior Psychiatrist with more than 22 years of experience. She has done DPM from KEM Hospital and practices at Ashok Hospital, Dahisar, Mumbai. She has worked as a psychiatrist in UK (NHS) and at Ramakrishna Mission Hospital, B.C.J. Hospital & Asha Parekh hospital. Dr. Nishtha is an expert in treating depression, anxiety, schizophrenia, phobia, panic attack, obsessive-compulsive disorder, Child and Adolescent Problems, Alcohol & drug abuse. Areas of interest are Stress Management, Psychotherapy (CBT), Personality Development, Relationship issues, & Couples counseling. Dr. Nishtha is also a trained and certified counselor and cognitive behavior therapist.

For more details, please visit <https://indiafinder.in/detail/nishtha-dalwani-consulting-psychiatrist-12997>