

## **Nutri4verve - Online Weight Loss Diet Clinic**





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Shivani Sikri is an internationally renowned award-winning Nutritionist having more than a decade of experience. She has transformed thousands of lives from millennials to golden agers. As Chief Nutritionist & Co-founder at Nutri4Verve, Shivani recommends customised Indian versions of International Diets like Keto Diet (Veg/ Non Veg), Intermittent, Paleo and other top international fat loss targeting diets, in addition to well-balanced metabolic and combination based nutritionally rich diets so that the fat loss is easily attainable and everlasting by eating balanced healthy meals and through your home cooked food. Her further forte includes therapeutic diets with emphasis on Diabetes, Thyroid, Cholesterol, PCOD/ PCOS, Post Pregnancy & other Metabolic diseases through Lifestyle Management keeping in mind clients' lifestyle, medical /family, genetic history, and personal constraints and preferences. Through Nutri4Verve, Shivani continues to work towards its objectives along with a circle of experts to act as life architects, helping people to restructure their lives, together with working towards the company's motto is, "Eat Healthy Look Great Live Longer!"



For more details, please visit https://indiafinder.in/detail/nutri4verve-online-weight-loss-diet-clinic-10868