

Rishikul Yogshala



Address

South Cliff Beach Resort, Near Cafe
Sarwaa, Thiruvananthapuram,
Varkala, Kerala 695141
Varkala, Kerala 695141
India

Contact Person

Rishikul Yogshala

Mobile Number

9258611240

Email

rishikulkerala66@gmail.com

Rishikul Yogshala is a Yoga Alliance certified yoga school in Kerala offering 200 hour Yoga Teacher Training, 300, & 500 YTTC and a 7 day Yoga Retreat & Ayurveda Retreat. Surrounded by nature and peace, our school provides the ideal space to learn and transform. Our training programs cover Hatha Yoga, Ashtanga Yoga, Pranayama, Meditation, Philosophy, Anatomy, and Ayurveda, blending traditional wisdom with practical experience. Guided by skilled and caring teachers, you'll gain the knowledge and confidence to deepen your practice or become a certified yoga teacher. Whether you dream of teaching yoga or simply want to enjoy a relaxing retreat for body, mind, and soul, [Rishikul Yogshala](#) welcomes you to grow and heal in the heart of Kerala.

info@rishikulyogshala.org

For more details, please visit <https://indiafinder.in/detail/rishikul-yogshala-22281>