

## SS Gym



### Address

1st Floor Sarkar Height Opposite  
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### Contact Person

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### Mobile Number

### Email

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S&S Gym is one of the best gyms in Mumbra, Thane. S&S Gym Offers One Stop Solution For All Fitness Related Challenges. We have a Team of Certified Trainer who will look after your fitness goals. We are specialists in weight gain and weight loss programs. We offer customised diet plans according to members' requirements. We offer Cardio exercises, weight lifting, cardio workout, cardio training, Zumba, massage, and functional training. If you all are facing challenges with your workout plans and nutrition feel free to get in touch with us for the same.

For more details, please visit <https://indiafinder.in/detail/ss-gym-13494>