

TruHealing - Obstetrician Gynaecologist in Bangalore





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Hi! I am Dr. Disha. I am a Gynaecologist Obstetrician (MD, DNB OBGYN) with an emphasis on INTEGRATIVE MEDICINE. I am the creator & founder of Truhealing. I am on a mission to end the cult of hormones misinformation & mythology that makes women suffer needlessly. My mission is to educate and empower women to take charge of their health & life by addressing the problem from the root cause. I do this by offering affordable & integrative solutions for your menstrual & reproductive health.

For more details, please visit https://indiafinder.in/detail/truhealing-14999